



Simple | Healthy | Delicious

## Wholegrain Freekeh Salad

### INGREDIENTS

2 cups cooked Freekeh
1 cup roasted capsicum, cut into strips
1 cup grilled eggplant, chopped.
2 bunches fresh coriander, roughly chopped
1 cup dates, chopped
1 cup dried apricots, chopped
1 small red onion, finely sliced.

### DRESSING

Juice of 3 lemons
1/2 cup olive oil
2 tbsp. sugar or honey
Salt & cracked pepper



### DIRECTIONS:

1. Toss all the ingredients together. Coat lightly with dressing. Toss thoroughly and serve at room temperature as a side dish.