



Simple | Healthy | Delicious

## Watermelon Smoothie Bowl

### INGREDIENTS

2 Cups Strawberries

1 Cup Banana

1 ½ Cup Watermelon

¼ Cup Coconut Water

1 Cup Ice

### TOPPINGS

Kiwi

Orange Slices

Blueberries

Nature's Earthly Choice Chia Seeds



### PREPARATION:

1. Add all the ingredients to a blender and mix on high.
2. Pour into a bowl or half a coconut, and top with fruit and chia seeds.
3. Enjoy!