



Serving For:	2
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Simple | Healthy | Delicious

## Superfood Mango Smoothie

### INGREDIENTS

- |                         |
|-------------------------|
| 1 Cup bok choy          |
| 1 Cup coconut milk      |
| 2 Tbsp. Red Berry Blend |
| 1 ½ Cups mango slices   |
| ½ Cup ice               |



### DIRECTIONS:

1. Combine all ingredients in a blender and blend until smooth.