



Simple | Healthy | Delicious

## Superfood-Crusted French Toast

### INGREDIENTS

2 eggs
2 tablespoons milk of choice
1 teaspoon pure vanilla extract
4 slices whole wheat bread
1/2 cup Nature's Earthly Choice Superfood Blend
Butter or coconut oil for greasing



### DIRECTIONS:

1. In a shallow bowl, combine the eggs, milk, and vanilla. Prepare the superfood blend on a separate plate.
2. Dip a slice of bread in the egg mixture until soaked, but not soggy. Coat both sides with superfood blend. Repeat with the remaining bread slices.
3. In a pan, melt butter or coconut oil over medium heat. Cook both sides of each slice until crispy and light brown. Serve with fresh fruit, honey, or maple syrup.