



Simple | Healthy | Delicious

Vegan Matcha Ice Cream

INGREDIENTS

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| 2 ripe bananas, sliced |
| 2 tablespoons Nature's Earthly Choice Superfood Blend |
| 1 tablespoon matcha powder |
| 3 tablespoons maple syrup, honey, or coconut sugar |
| 2 tablespoons milk of choice |



DIRECTIONS:

1. In a food processor or high-powered blender, combine all the ingredients. Give it a taste and adjust the ingredients as necessary.
2. Pour into a freezer-safe container and freeze for 5 hours or until set. Serve with berries or coconut flakes.