



Serving For: 2

Simple | Healthy | Delicious

Super Blueberry Smoothie

INGREDIENTS

- 1 Cup swiss chard
- 1 Cup water
- 2 Tbsp. Probiotic Protein Booster
- 1 ½ Cup blueberries
- ½ Cup ice



DIRECTIONS:

1. Combine all ingredients in a blender and blend until smooth.