



Serving For:	2
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Simple | Healthy | Delicious

Super Blueberry Smoothie

INGREDIENTS

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|-----------------------------------|
| 1 Cup swiss chard |
| 1 Cup water |
| 2 Tbsp. Probiotic Protein Booster |
| 1 ½ Cup blueberries |
| ½ Cup ice |



DIRECTIONS:

1. Combine all ingredients in a blender and blend until smooth.