



Simple | Healthy | Delicious

## Sunbutter Cups with Dark Chocolate & Hemp Seeds – Vegan & Gluten Free

### INGREDIENTS

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|---|
| 1 cup sunflower seed butter (chunky)      |
| ¼ cup coconut oil                         |
| 1 ½ tbsp. maple syrup                     |
| ¼ tsp sea salt                            |
| ¼ cup dark chocolate chips                |
| 2 tbsp Nature's Earthly Choice hemp seeds |



### DIRECTIONS:

1. Mix sunflower seed butter, maple syrup, coconut oil, and salt together in a bowl.
2. Pour mixture into a lined muffin tin
3. Sprinkle chocolate chips and hemp seeds over top and pop into the freezer for about 30 minutes to set.
4. Store in the freezer in a sealed container.