



Simple | Healthy | Delicious

Strawberry Acai Vanilla Smoothie

INGREDIENTS

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| 1 cup strawberries, chopped and frozen |
| 1 ½ cup coconut milk |
| ¼ cup yogurt of choice |
| 1 ½ teaspoons pure vanilla extract |
| 1 to 2 teaspoons Nature's Earthly Choice Acai Powder |
| 1 tablespoon honey or maple syrup |



DIRECTIONS:

1. In a blender, combine all the ingredients until smooth. Add more vanilla, acai, or sweetener as needed. Top with coconut flakes, berries, or crushed dehydrated strawberries.