



Simple | Healthy | Delicious

Peanut Cocoa Smoothie

INGREDIENTS

1 banana
3 tablespoons Nature's Earthly Choice Peanut Powder With Cocoa
1 cup milk of choice
¼ cup yogurt of choice
½ teaspoon pure vanilla extract
1 tablespoon honey or maple syrup
3 to 5 ice cubes



DIRECTIONS:

1. In a blender, combine all the ingredients. Adjust the sweetener and peanut powder according to your taste preference. Cover and blend until smooth.
2. Pour into glass and garnish with peanut powder, cocoa, or coconut flakes.