



Simple | Healthy | Delicious

Honey Peach and Tomato Black Rice Salad



INGREDIENTS

1 ½ cups chopped peaches
½ cup chopped yellow or orange tomato
2 tbsp chopped red onion
2 cups cooked Nature's Earthly Choice black rice, cooled
2 tbsp honey
Juice of ½ a lemon
2 tbsp extra virgin olive oil
¼ tsp salt

DIRECTIONS:

1. In a medium bowl, stir together the peaches, tomato, onion and black rice. In a small bowl, whisk together the honey, lemon juice, olive oil and salt.
2. Pour the dressing over the black rice salad and toss to coat. Cover and refrigerate for 30 minutes before serving.