



| | |
|--------------|---|
| Serving For: | 2 |
|--------------|---|

Simple | Healthy | Delicious

Give me the Beet Smoothie

INGREDIENTS

1 Cup beets

1 Cup coconut water

2 Tbsp. Antioxidant Protein Booster

1 ½ Cup peach slices

½ Cup ice



DIRECTIONS:

1. Combine all ingredients in a blender and blend until smooth.