



Simple | Healthy | Delicious

Chocolate Protein Bites

INGREDIENTS

1 Cup rolled oats
½ Cup natural peanut butter
1/3 Cup honey
¼ Cup chopped dark chocolate
2 Tbsp. Nature's Earthly Choice Flax Seeds
2 Tbsp. Nature's Earthly Choice Chia Seeds
1 Tbsp. My Fresh Blends chocolate-flavored protein powder, or to taste



DIRECTIONS:

1. Stir oats, peanut butter, honey, chocolate, flax seeds, chia seeds, and protein powder together in a bowl until evenly mixed. Cover bowl with plastic wrap and refrigerate for 30 minutes.
2. Scoop chilled mixture into balls. Keep cold until serving.