



Simple | Healthy | Delicious

Chocolate Chip Flax Seed Brownies

INGREDIENTS

1/2 cup butter
3 oz unsweetened chocolate, coarsely chopped
3/4 cup flax seed meal
1/2 cup oat flour
1 tsp baking powder
1/2 tsp salt
2 large eggs, room temperature
1/2 cup granulated sugar
1/2 tsp vanilla extract
1/2 cup chocolate chips



DIRECTIONS:

1. Preheat oven to 325F and grease an 8x8 inch pan
2. In small saucepan over low heat, melt butter and chocolate together until smooth. Set aside.
3. In a medium bowl, whisk together flax seed meal, oat flour, baking powder and salt. Set aside.
4. In a large bowl, whisk together the eggs, granulated erythritol or sugar, vanilla extract and stevia extract, if using. Whisk in melted chocolate mixture until smooth. Stir in the flax seed meal mixture until well-combined. Stir in chocolate chips (I like to save a few for sprinkling on top).
5. Bake for 15 to 18 minutes, until top is just barely firm to the touch. Remove from oven and let cool, then cut into bars.