



Serving For:	1
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Simple | Healthy | Delicious

## Chocolate Chia Seed Pudding

### INGREDIENTS

2 Tbsp. cocoa powder

2 Tbsp. brown sugar

1 teaspoon hazelnut flavor instant coffee powder (optional)

¼ Cup Nature's Earthly Choice Chia Seeds

1 Cup milk

2 teaspoons honey, or to taste



### DIRECTIONS:

1. Mix cocoa powder, brown sugar, and instant coffee powder together in a bowl; stir until no lumps remain. Add chia seeds into the mixture. Pour milk into the bowl and stir to incorporate; let the mixture sit a few minutes before stirring again. Repeat resting and stirring a few times over the course of 20 minutes.
2. Cover the bowl with plastic wrap and refrigerate 2 hours to overnight.
3. Drizzle honey over the pudding to serve.