



Simple | Healthy | Delicious

Chocolate Chia Pudding

INGREDIENTS

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|----------------------|
| 2 cups milk |
| 1/2 cup chia seeds |
| 1/2 cup blueberries |
| 1/2 cup raspberries |
| 1/2 cup blackberries |
| 2 T cocoa powder |



DIRECTIONS:

1. Mix everything up in one big bowl. Stir well and stick in the fridge to set for at least a few hours. Super easy!