



Serving For:	2
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Simple | Healthy | Delicious

Berry Blend

INGREDIENTS

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|-------------------------|
| 1 Cup swiss chard |
| 1 Cup almond milk |
| 2 Tbsp. Red Berry Blend |
| 1 ½ Cups strawberries |
| ½ Cup ice |



DIRECTIONS:

1. Combine all ingredients in a blender and blend until smooth.