



Serving For:	2
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Simple | Healthy | Delicious

## Banana Kale Smoothie

### INGREDIENTS

- |                                   |
|-----------------------------------|
| 1 Cup kale                        |
| 1 Cup coconut water               |
| 2 Tbsp. Probiotic Protein Booster |
| 1 banana, sliced                  |
| ½ Cup ice                         |



### DIRECTIONS:

1. Combine all ingredients in a blender and blend until smooth.