



Simple | Healthy | Delicious

Acai Yogurt Ice Pops

INGREDIENTS

¼ cup honey or maple syrup

2 cups yogurt of choice

1 ½ cups canned coconut milk

¼ cup Nature's Earthly Choice Acai Powder

½ cup blueberries

Granola for garnish



DIRECTIONS:

1. Add a layer of granola to the bottom of the ice pop molds. In a blender, combine the honey, yogurt, coconut milk, acai, and blueberries.
2. Transfer the yogurt mixture to the molds and top off each one with more granola. Insert the sticks and freeze until set, about 5 hours.